

# SALEM TENNIS AND SWIM CLUB PREVENTION AND SOCIAL DISTANCING PLAN

## TENNIS ACTIVITIES

- All activities will always be in line with Oregon’s social distancing measures (defined by the Centers for Disease Control and Prevention as keeping six feet apart), including when arriving at and departing from a court.
- Members only will be allowed to play
- Training/coaching will be done, one-on-one coaching or via Q&A by email or video conferencing
- Only online or telephone bookings are allowed bookings.
- Staff must wear masks or “like in kind” and gloves when checking in players. Staff will wash hands and/or gloves often and after touching items.
- Only tennis balls will be sold at the Check-in Desk and will be charged to the members account.
- Only players on the reservation may play with book. Players will be only allowed to play with their chosen group of four. This makes it easier for tracing if needed.
- Players will only be allowed into the facility no more than 10 minutes before the time expected to play.
- A parent/guardian must be present at the facility with juniors under age 18. All minors must have a written permission form from their parent/guardian for each junior participating in the coaching session and/or when playing with other juniors. The permission slip must have the four players in their group and the list of parent/guardians that are allowed to be present with the group; only one parent/guardian will be allowed for each group of four.

## CLEANING PROTOCOL

- All surfaces—such as counters, tabletops, doorknobs, bathroom fixtures and toilets—will be cleaned several times a day wearing disposable gloves.
- All common area chairs and tables have been removed, stacked, roped off to prevent congregating and touching.
- All court gates and doors will be left open, doors that cant be left open will be wiped down every hour.
- All score tenders will be taken off the courts to prevent touching.
- Disinfectant soap, hand sanitizers or wipes are available at all main contact points.
- Staff will remind and encourage everyone, particularly juniors, of the need to wash hands often and adopt the other principles of a good hygiene strategy.

- Lockers and showers will not be used.
- A plexiglass shield is installed at the Check-in Desk and will be cleaned hourly

#### **MEMBER RESPONSIBILITIES AND SOCIAL DISTANCING**

- Take their own temperature prior to coming to STSC and stay home if you have any of the following symptoms that may indicate you have COVID-19:
  - Cough
  - Shortness of breath or difficulty breathing
  - Fever
  - Chills
  - Unusual muscle pain
  - Sore throat
  - New loss of taste or smell
  - This list is not all possible symptoms. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.
- Players must have reserved court times and all parties playing must be listed on the court reservation.
- Players will be required to wear a mask at all time when in the facility this means even when play on courts.
- Once they arrive at Salem Tennis and Swim Club they must wash their hands immediately upon arriving at STSC
- Players will play only with their selected four players.
- Players must use their own tennis balls, the same can of balls can be used during the match by all players. Balls may be brought from home or purchased at the club.
- People will be stay at least six feet apart to maintain social distancing.
- Players should stay on their side of court and avoid changing ends.
- Players shall not walk behind or touch “Green Curtains”, this includes walking to or exiting courts, retrieving balls etc.. When tennis balls become trapped behind Green Curtains the players must use their racket and or feet to retrieve the ball.
- Follow USTA **COVID-19: Playing Tennis Safely** published April 22, 2020.
- Any player that develops a fever or flu like symptoms must notify Salem Tennis and Swim Club. Once notified our Covid-19 safety liaison will notify the CDC.

## **COACHING**

- Position the players at well-spaced stations.
- Live ball drills and game-based play will be used.
- Coaching equipment such as target cones will be limited, if used the equipment will be disinfected after each coaching session.
- Students will not handle any coaching equipment. The coach will pick up the balls.
- Require students to use their racquet/foot to push balls back and/or hit them to their opponent to avoid using hands and touching the balls.

## **TENNIS BALLS**

- Practice caution with the tennis balls and avoid letting the participants touch them.
- Players must use their own tennis balls, the same can of balls can be used during the match by all players. Balls may be brought from home or purchased at the club.
- All balls will be replaced if someone suspected to have COVID-19 comes in contact with them.
- For private lessons that feature serving, have students bring two cans of balls that only they handle for serving.

## **TENNIS EQUIPMENT**

- Tennis equipment will be touched only by the pro/coach and will be cleaned frequently. Use alcohol-based disinfectant to clean all tennis gear, including racquets, towels, target cones, ball machines, etc.
- Teaching pros will have their own marked hoppers and teaching charts.
- A ball machine will be used as much as feasible for lessons, as it avoids having people touch the balls. Using ball tubes and basket pickups to pick up loose balls after a ball machine rotation also limits contact.